

**Zaporozhye State Medical University**

Department of Psychiatry, psychotherapy, general and medical psychology,  
addiction and sexology

Approved on the methodical conference of department  
psychiatry, psychotherapy, general and medical psychology,  
addiction and sexology

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**Methodical development**

independent studies on the topics "The concept of psychomatychni and  
somatopsychic disorder" for the 4th year students of the Medical Faculty  
(specialty "medicine")

Zaporozhye 2015

**SUBJECT:** "The concept of psychosomatic disorders and somatopsychic."

1. Objectives of independent work:

1) be able to recognize the psychological features of patients respond to different diseases;

2) determine the tactics and unityvyvlyaty psyhosomatychnirozlady vedennyapatsiyenta

2. Content of independent work:

1. Psychosomatic approach as the principle of therapeutic activity.

2. Emotional stress as a factor in the pathogenesis of psychosomatic disorders.

3. The impact of psychological factors on the course of somatic disorders.

4. Theory psychosomatic relationships.

5. Mechanisms of psychological protection of the individual.

6. The concept of adaptation and exclusion.

7. Classification of psychosomatic disorders.

8. Nepatolohichni psychosomatic reaction.

9. Principles of Prevention of psychosomatic disorders.

3. Recommended Books: General

1. Lecture material

2. Methodological developments

### 1. Approximate map for independent work with literature

№	Main tasks	Notes / Questions
1.	Etiology	Name the basic etiological factors
2.	Clinic	Name the major clinical syndromes
3.	Diagnostics	Writing a list of methods used for diagnosis
4.	Differential diagnosis	Fill in the table for the differential
5.	Treatment	diagnosis diagnosis
6.	Prevention and screening	To make the typical treatment regimen

### 5. Materials for self-control.

Tests itâ 2 levels:

1. Ideas interpersonal conflict (presence of the human psyche in two identical motifs in strength but opposite in direction) to the next characteristic psychosomatic theory:

A. cortico-visceral

B. psychoanalytic

C. neurophysiological

A. Sotsiopsyhosomatyky

E. System-theoretical model

2. psychological defense mechanism in which the process of involuntary removal in unacceptable unconscious thoughts, feelings or motives, is called:

A. displacement

B. regression

C. Intraproektsiyeyu

A. rationalization

E. intellectualization

3. basic parameters person prone to forming esentsiynoyi hypertension, is:

A. The collision of two vzayemovyklyuchayuchyhpotreb (in care and independence)

B. interpersonal tension between the aggressive impulses on the one hand, and a sense of dependence on the other

C. The contradictions between "the desire of tenderness" and "fear of tenderness"

A. A sense of chronic dissatisfaction

E. Passivity, difficulty in self-assertion

4. On the advice of a dermatologist to have 12 summer girl suffering from acne. The mother is concerned that her daughter refused to go to school because her classmates annoying, do not want to communicate with her. The mood of the child brought down, said: "I'm ugly." What pathology for teenagers is the most difficult psychologically:

A. Sexual Disorders

B. Diseases that change appearance

C. Cancer

A. Myocardial

E. Stroke

5. Patient F, 43 years old., For the past 2 months regularly attending surgeon, insisting on carrying out surgery on the stomach pathology, despite the reasoned conclusions of a consultation not to conduct this type of treatment. The constant and irresistible urge to succumb to human surgery on the mental manifestations of the disease called:

A. simulation

B. Ahravatsiynym syndrome

C. O. hypochondriac syndrome Syndrome Munchausen Syndrome E. Aschaffenburg.

7. In what type of accentuation often formed dependence on South Africa:

A. stimulant

B. pointedly

C. What stuck

A. Hipertymnomu E. exalted

8. Why is sotsiokulturalna theory based on South Africa:

A. The study style family relationships

B. The study of social anomie

C. phenomenon of hypo- or giperopeka The influence of habitat

E. Violation Early Child Development

9. What premorbid personality traits contribute to the development of anorexia nervosa

A. gipertimnogo

B. Obsessive-phobic

C. schizoid

A. Conspicuous E. exalted

10. Why is the development of computer addiction:

A. The presence of virtual reality

B. The presence of the phenomenon of "imaginary friend"

C. Violation of social adaptation of A. Development of mental pathology

E. High suicide risk

11. Suicidal behavior is associated with crisis in life and personal tragedies, called:

A. Psychogenic

B. Selfish

C. altruistic A. Dystymichna

E. anemic

12. What type of psychopathological reactions often found in dying patients:

A. Dysforichnyy

B. obsessive-phobic

C. apathetic

A. asthenic-depressive

B. Anxious-depressive

Basic literature:

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Further Reading:

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